



DEVELOPMENT Through Discipline

PLAYERS CODE OF CONDUCT

- I will play soccer because I want to, not because others want me to.
- I will play by the rules of soccer, and I will be a team player
- I will respect coaches, referees, players, spectators, opposite team and all club officials.
- I will control my temper. I will not fight; use foul or abusive language or inappropriate gestures.
- I will know that training and doing my best is more important than winning at all cost
- I will acknowledge all good play - that of my team-mates and of my opponents.
- I understand that Coaches are there to coach and help me and I will follow instructions and behave according to the rules. If I am found to be behaving badly, my coach is permitted to remove me from the event.
- I will not take part in any form of bullying, either to an opposing player or to a player on my team. Bullying in any form, whether in person, electronically (any form of social media) will not be tolerated.

GAMES AND PRACTICES

Practices are as important as games

- I will arrive at the field before practices and games as determined by the coaching staff.
- I will contact the coaching staff if I am unable to make a game or a practice.
- I realize that Starting line-ups are based on several factors including attendance at practices, player's position, effort, attitude, etc.
- I realize that "Earned playing time" system will be used on a higher level of Competition. Playing time is not always going to be equal
- I will turn off all electronic devices (cell phones, video games, etc.) before arrival at my practice, game or team event and leave them off until I am finished.
- I will leave all venues as neat and tidy as I found them and will remove all refuse from my area.

UNIFORM

- I will take good care of my uniform and wear it only on game days.
- I will ensure my jersey is tucked in at all times as required by the laws of the game.
- I will wear shin guards, appropriate footwear, and bring my own water bottle to all games and practices.
- At practices I will wear approved attire
- I will abide by the rules and remove all jewelers for practices and games (except for medically approved bracelets and eye wear).