



EST 2015
FTFC
FIRST TOUCH FC

LONG TERM PLAYER DEVELOPMENT (LTPD)

All of our programs are based on the [Ontario Talented Player Pathway](#) and the [Long-Term Player Development Model](#) recognized by Canada Soccer and Ontario Soccer.

Playing formats and program designs are aligned with the [Ontario Soccer Grassroots Standards](#)

ACTIVE START (U4-U6)

- Develop basic movement skills by playing fun and challenging games
- To help children to feel comfortable and engaged in the soccer environment
- Programs available: Skills Training and House League

FUNDAMENTALS (U7-U8)

- Continue with the development of movement skills during structure training and unstructure playing sessions
- Make sure the class is still fun and program is designed to the specific age group
- Programs available: Skills Training and House League - Team Development program

LEARN TO TRAIN (U9-U12)

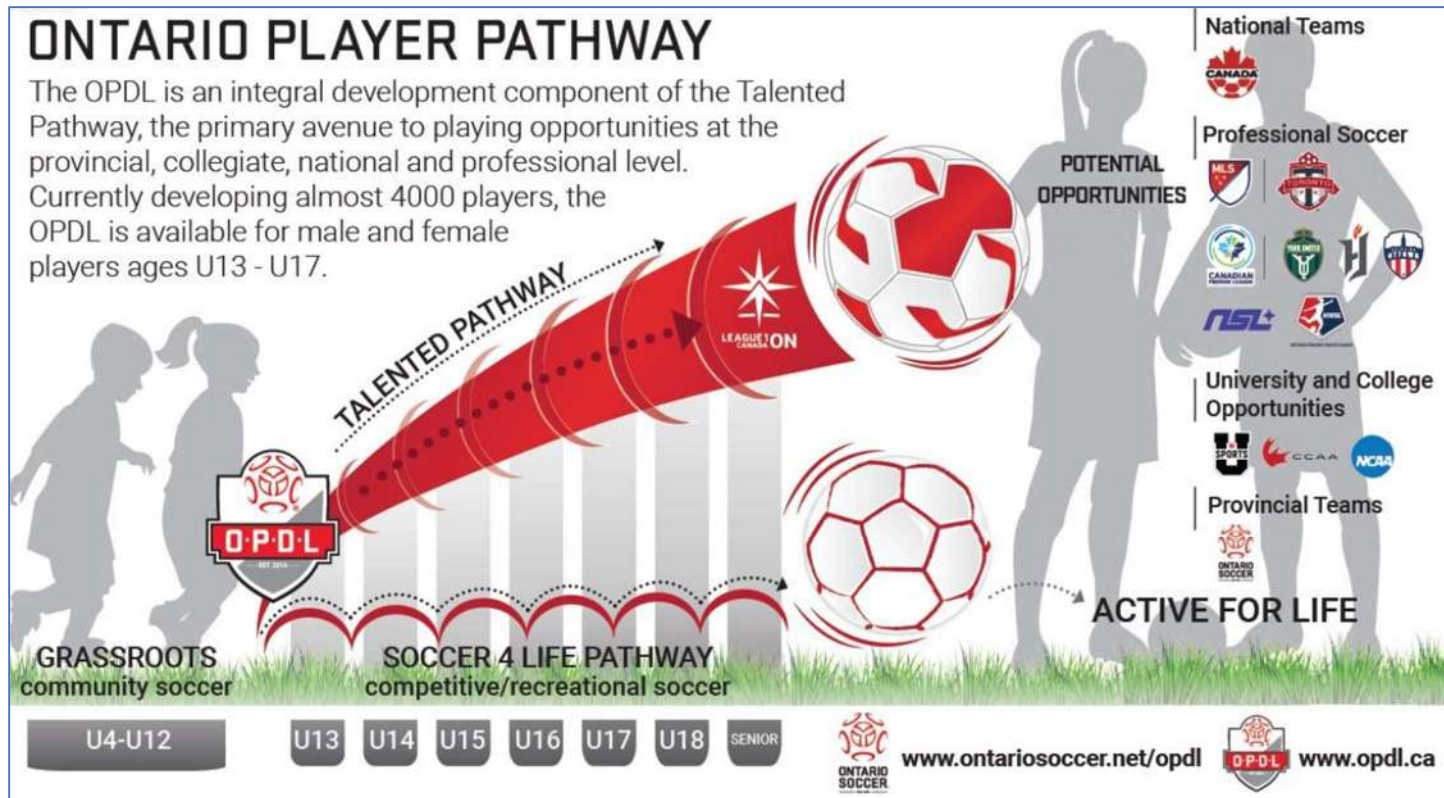
- Teach the kids the knowledge of the game by incorporating rules, tactics and game strategies
- Maximize the player experience and emphasized on their skills development during games and training while still proportioning a fun environment
- Programs available: Skills Training and House League - Team Development program

SOCCER FOR LIFE (U13+)

- Competitive programs that focus on position, advance skills, knowledge of the game
- Recreational programs that engages youth to stay active and enjoy the game
- Programs available: Skills Training and House League - Team Development program - Adult League

ONTARIO PLAYER PATHWAY

The OPDL is an integral development component of the Talented Pathway, the primary avenue to playing opportunities at the provincial, collegiate, national and professional level. Currently developing almost 4000 players, the OPDL is available for male and female players ages U13 - U17.



<https://www.ontariosoccer.net/player-talented-pathway>